



Western Australian Certificate of Education Examination, 2015

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PHYSICAL EDUCATION STUDIES

Practical (performance) examination Volleyball

Time allowed

Warm-up: 30 minutes
Skills and Drills: 75 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Volleyball

To be provided by the candidate

Non-marking athletic shoes

Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills		
• Skill 1	6	15
• Skill 2	6	
• Skill 3	6	
• Skill 4	6	
• Skill 5	6	
Conditioned performance	20	15
	Total	30

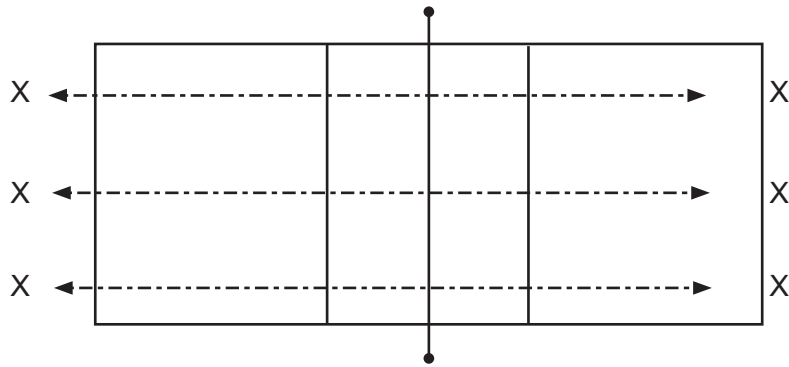
Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

SECTION ONE – Skills Performance**1. Skills set**

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Serve – overhead float serve	Front set	Forearm pass: free ball	Spike	Block

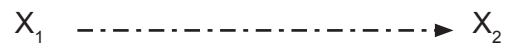
Drill #1: Overhead float serve



- Key:**
- X = player
 - O = feeder
 - > = player movement
 - > = feeder movement
 - - - - -> = ball movement
 - = net poles

Drill description:

1. Players are to serve over the net demonstrating serving technique.
2. Players on opposite side roll the ball back to the servers.

Drill #2: Front set

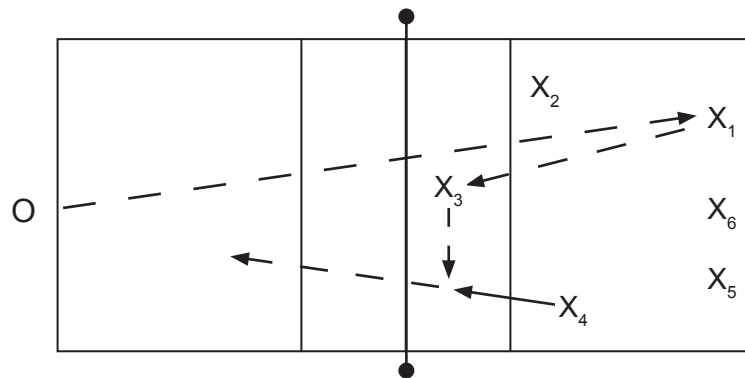
Key:

X	= player
O	= feeder
—————▶	= player movement
—————▶	= feeder movement
- - - - -▶	= ball movement

Drill description:

1. X_1 front sets the ball to X_2 .
2. X_2 front sets the ball back to X_1 .
3. Drill is repeated.

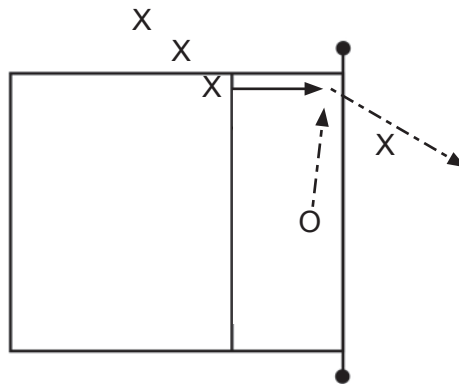
Drill #3: Forearm pass: free ball



- Key:**
- X = player
 - O = feeder
 - △ = marker
 - > = player movement
 - - - - -> = ball movement

Drill description

1. Feeder serves the ball into the area where there are three passers. (X), (X₅), (X₆)
2. Players forearm pass the ball to the setter. (X₃)
3. Setter sets the ball to position 4 where the player (X₄) can attempt to spike the ball back over the net.

Drill #4: Spike

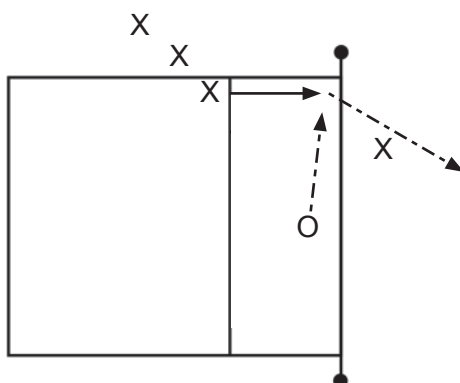
Key:

X	= player
O	= feeder
—————>	= player movement
—————>	= feeder movement
- - - - ->	= ball movement
●	= net poles

Drill description:

1. Feeder stands in position 3 and throws a ball up that resembles a high outside set.
2. Players are lined up outside the court ready to spike the ball from position 4.
3. Player on opposite side of the net attempting to block.
4. Player spikes the ball, retriever feeds it back to the feeder.
5. Drill may be performed from position 2 for left handed players.

Drill #5: Block



Key:

X	= player
O	= feeder
→	= player movement
→	= feeder movement
- - - - - →	= ball movement
●	= net poles

Drill description:

1. Feeder stands in position 3 and throws a ball up that resembles a high outside set.
2. Players are lined up outside the court ready to spike the ball from position 4.
3. Player on opposite side of the net attempting to block.
4. Player attempts to block the ball and retriever feeds it back to the feeder.
5. Drill may be performed from position 2 for left handed players.

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Full court
SPECIFY NUMBER OF PLAYERS	6 vs 6 (2 examination rooms combine for this drill).
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Create the most effective attack and defense from opportunities in a game situation.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Two rotation points off/on court.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Normal game rules apply.

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